



## SHARPNews Note 2002-10

3 September 2002

### SHARP Training in Portsmouth, VA, 18-19 Sep 2002

A few seats are still available for the “Fundamentals of HIV-STD Prevention Counseling” course scheduled for 0800-1630, Wed-Thurs, 18-19 September 2002 in the Berglund Room, 11<sup>th</sup> deck of building 215 (old Portsmouth Naval Medical Center), Portsmouth, Virginia.

This CDC-developed course is designed to improve the ability of providers in a variety of settings to support individuals in making behavior changes that will reduce their risk of acquiring or transmitting HIV or other sexually transmitted diseases. The course requires two full days of attendance. It is very interactive and provides opportunities for the participants to examine the various factors that influence risk-taking behavior. Students improve their one-on-one disease prevention counseling skills by learning and practicing the CDC’s 6-step process of effective client-centered counseling during role-play scenarios. Counselors learn how to help clients identify their risks, understand their options, and develop a plan to reduce their risk of infection or reinfection. The course is designed for physicians, Independent Duty Corpsmen, nurses, health promoters, Environmental Health Officers, Preventive Medicine Technicians, PM Representatives and PM Petty Officers, counselors, and public health educators, who are tasked to counsel individual Sailors and Marines regarding sexual behavioral risk reduction.

Prerequisites: Basic knowledge of HIV/AIDS/STD epidemiology, prevention is required. The course does NOT review any pathophysiology of STDs. Prospective students are strongly encouraged to complete any or all the self-study courses offered through SHARP at <http://www-nehc.med.navy.mil/hp/sharp/index.htm>.

Continuing Education Credit:

*Medical Corps:* 11.5 CME

*Nurse Corps:* 14.8 Design I contact hours

*NEHA:* 14 contact hours

*IDC:* pending approval

*CHES:* pending approval

To secure a quota, contact SHARP by phone, e-mail, or fax at:

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